



MONTE SANO CLUB & POOL

AUGUST 2023

WWW.MONTESANOCLUB.ORG

Welcome to August at the pool! Our last band of the season is scheduled for August 5th- come out and dance the night away! Thanks to all who make our club the most wonderful place to live, play, and enjoy life. Before your head hits the pillow tonight, remind yourself of the things you did right...let go of the things you could have done better. Be patient with yourself and remember that big things are not achieved all at once, but rather one day at a time.

Thanks to everyone who chips in to help with whatever needs to be done, even if it's not your responsibility. Kuddos to those who do what needs to be done or helps someone find a solution, even when no one is watching! Appreciate your wonderful Monte Sano pool family. See you soon! Stay happy, healthy, and live your best life everyday at the pool!

Sheila Scott, President

msc.president@montesanoclub.org

8/5 6-9pm

BAND: 45 Surprise

Swim & Dive

Congratulations to our Swim & Dive teams! We had a fantastic competition at the RCSL City Swim Meet! Our Swim team finished 2nd in the city! Way to go Makos!

Saturday 7-8 am (weekly)

Boot Camp Class

email Staceycondron49@gmail.com for more information and to sign a waiver. Cost is \$10

Thursdays 5:30-6:30pm (weekly)

Water Aerobics with Julianna Larson, donations appreciated

The Pool Board is working on plans for September-October events and plans for keeping the grounds open. More information to come!

-Monte Sano Club & Pool-

Daily Schedule: August 2nd - October 2nd

Grounds Open:

Sunday: 10:00am – 8:00pm
 Monday – Wednesday: 8:00am – 1:00pm & 4:30pm – 8:00pm
 Thursday: 8:00am – 1:00pm & 4:30pm – 9:00pm
 Friday: 8:00am – 1:00pm & 4:30pm – 9:00pm
 Saturday: 9:00am – 10:00pm

Monday – Wednesday: Staff will close the pool and grounds at 7:00 pm if they are not being used.

Thursday: Staff will close the pool and grounds at 8:00 pm if they are not being used.

25m Pool



Sunday

10:00am – 7:45pm Open Swim
 * Lap lanes will be available as needed*

Monday, Tuesday, Wednesday

8:00am – 10:00am Adult Lap Swim
 10:00am – 1:00pm Open Swim
 4:30pm – 7:45pm Open Swim

* Lap lanes will be available as needed*

Thursday

8:00am – 10:00am Adult Lap Swim
 10:00am – 1:00pm Open Swim
 4:30pm – 8:45pm Open Swim
 5:30pm – 6:30pm Deep Water Workout
 with Julianna Larson

* Deep end closed 5:30pm – 6:30pm*
 * Lap lanes will be available as needed*

Friday

8:00am – 10:00am Adult Lap Swim
 10:00am – 1:00pm Open Swim
 4:30pm – 8:45 pm Open Swim

* Lap lanes will be available as needed*

Saturday

9:00am – 8:45pm Open Swim

* Lap lanes will be available as needed*

25yd Pool



Sunday

10:00am – 12:00pm** Baby Pool Only
 12:00pm – 7:45pm Open Swim

Monday - Thursday

8:00am – 1:00pm** Baby Pool Only

Friday

8:00am – 1:00pm** Baby Pool Only
 4:30pm – 8:45pm Open Swim

Saturday

9:00am – 12:00pm** Baby Pool Only
 12:00pm – 9:45pm Open Swim

** No lifeguard on duty at this pool at these times. Only the baby pool is open.

The baby pool is for children ages 6 and under. A parent or guardian must be present at the baby pool for a child to use the pool. Parents or guardians may not supervise from the bluff or the other pool deck.

- Children wearing “floaties” must be within arm’s reach of a guardian in the water.

- “Floaties” are not allowed in the deep end.

This includes jumping off the diving board.

- Floats are not allowed in the baby pool or deep end. To ensure safety of all swimmers, lifeguards may require floats in other areas to be removed.